

## **Mission Statement**

Our mission is to offer respite to caregivers of the elderly, to provide a community-based alternative to unnecessary institutionalization of the elderly and to improve the quality of life for functionally impaired elderly.

## **Transportation**

Caregivers are encouraged to transport program participants to and from the Senior Center. If this is not possible, then arrangements can be made for OPT and ACCESS.

## **Hours of Service**

Monday through Friday  
8:00 am to 4:00 pm

## **ELIGIBILITY**

- 60 years of age or older
- Resident of Allegheny County
- Have 1 or more physical and/or mental impairments
- Continent of bowel and bladder or wear an adult brief
- Not be potentially harmful to self or others or be disruptive
- Have a potential for improving or maintaining present functioning level
- Be able to be transported to and from site.
- Have a doctor complete a physical assessment within 90 days prior to admission and include a negative T.B. skin test or chest x-ray
- Be able to participate in Center activities and programs.

# Penn Hills Senior Service Center Adult Day Services



Are you wearing yourself  
out taking care of a  
senior?  
Do you need a break?  
*That's what we're  
here for!*

## Services Provided

- Reality Orientation
- Reminiscent Therapy
- Sensory Stimulation
- Education in daily living skills
- Health monitoring
- Music Therapy
- Exercise & Fitness
- Art Therapy
- Healthy meal & snack
- Transportation

Penn Hills Senior Services  
Penn Hills Adult Day  
Services  
147 Jefferson Road  
Penn Hills, PA 15235  
**(412) 244-3415**



### Program cost

The Penn Hills Adult Day program has a limited number of county funded slots available.

These slots require a social service assessment completed by a care manager from the Allegheny County Area Agency on Aging. All other participants are classified as private pay and charged \$30.00 per day.

## Non-Discrimination Policy

Admission to the Penn Hills Adult Day Program, the provision of services, and referrals are made without regard to race, color, religious creed, handicap, ancestry, national origin, age or sex.

Funded by the  
Allegheny County  
Area Agency on Aging  
and the Municipality of  
Penn Hills.