

Penn Hills Sr. Services

147 Jefferson Road
Penn Hills, Pa 15235
412-244-3400
Fax: 412-242-7078
www.pennhills.org

Wm. McKinley Sr. Satellite Site

Seventh & Center Sts.
Verona (Hilltop) PA
15147
412-828-5888

Funding

Funding is provided by the Municipality of Penn Hills* And the Allegheny County Area Agency on Aging Your Local tax dollars working for you!!!

Activities Calendar.....Page 7

Camera Club...Page 3

The Council Corner...Page 7

Jefferson Center News Page 2,3

McKinley News.....Page 4, 5

Menu.....8

Photographs...Page..3, 5

Poem—Christmas Story..Pg. 7

Sr. Travels.....Page 1

Volunteer of the Month..Page 1

Word Search.....Page 6



Senior Scenes



Volume 18 Issue 12

December 2016

December Volunteer of the Month

Our December Volunteer of the Month, Carol Geiselhart, is a special gift to the Penn Hills Senior Center. Carol, along with her good friend Joan Collins, organize the 500 Card Club. Together they make sure that the room is ready for the card group of approximately 25 people, and that coffee and snacks are provided.

Carol began coming to the Center after her husband Charlie passed away in 2002. She needed to find a way to “keep going on” and found that coming here enriched her life a lot. She enjoys going to the ‘Let’s Eat Out’ dinners and on the Casino trips. She has really enjoyed the Card Club, and has met a lot of friends in it.



Born in Wilkinsburg, her family moved here when she was in the 9th grade. She graduated from Penn Hills High School and has remained a resident ever since. She is the mother of two sons and one daughter, and is also grandmother to six and great-grandmother to seven. She retired from Horne’s in Monroeville Mall where she was Assistant Manager in the Human Resources Department.

In addition to playing cards, Carol enjoys reading and travelling. She has taken several cruises and travelled throughout the United States as far away as Alaska with her husband in their motor home.

Thank you Carol for your special part here at the Penn Hills Senior Center.



December 31—New Year's Eve Day Trip to Rivers Casino— by Lenzner Coach
Can you believe that it is almost here? We will leave Penn # 7 Fire Hall at 11:30 am and leave from the Rivers at 6:15 pm. Please be on time. There are only a few seats left, so call me. Price is \$26.00 (Includes tip) with \$20.00 in slot play and \$5.00 food coupon.

March 26, 2017—August Wilson Center with a performance by the Pittsburgh Ballet and the Dance Theater of Harlem. This trip is now filled up with a waiting list.

Thanks, Yvonne @ 412-877-2066



Highlights of Jefferson Center Plans for December

Sign-up sheets will be available
the first business day of the month at 9:00 am

**"Let the
Oil of Gladness
Flow Down"**

December 6—Tuesday—380 Auction Warehouse Shopping

We will leave the Center at 10:00 am with a return pickup at 1:30 pm

December 9—Friday—Rivers Casino

We will leave the Center at Noon with a return pickup at 5:30 pm

December 10—Saturday—PPG Place—Free event

We will view the gingerbread houses, train exhibit, winter gardens, take a carriage ride through downtown Pittsburgh and listen to ongoing music bands
We will leave the Center at 10:30 am with a return pickup at 2:00 pm

December 15—Thursday—Walmart

We will leave the Center at 10:00 am with a return pickup at 1:30 pm

December 14—Wednesday—Bayernhof Museum—Visit the fascinating display of music boxes and other artifacts through hidden doors and secret passages of the Charles B. Brown III mansion—Trip is for 12 people—lots of walking—Cost is \$10.00-payable at the door—We will leave the Center at 1:00 pm with a return pickup at 4:15

December 15—Phipps Conservatory—Christmas Flower Show and Lights
Cost is 16.95 payable at door.

We will leave the Center at 10:30 am with a return pickup at 1:45 pm

December 17—Saturday—Rivers Casino

We will leave the Center at 10:00 am with a return pickup at 4:00 pm

December 19—Monday—Let's Eat Out—Houlihan's at Station Square

See the Christmas shops and holiday decorations at night

We will leave the Center at 5:15 pm with a return pickup at 8:00 pm

December 22-Thursday—Monroeville Mall

We will leave the Center at 10:00 am with a return pickup at 1:30 pm

December 27—Tuesday—PPG Paints Arena—Trans-Siberian Orchestra

Come enjoy the beautiful music as the group presents "The Ghosts of Christmas Eve" Cost is \$48.00— payable upon signup

We will leave the Center at 2:00 pm with a return pickup at 5:45 pm



Hanukkah is an eight day celebration marking the triumph of a small Jewish army over a stronger Syrian-Greek army who had taken over and defiled the Holy Temple in Jerusalem. The victory enabled the people of Israel to reclaim the Holy Temple and restore it back to the service of their God. "As part of their rededication, the victorious Jews needed to light the Temple's menorah (candelabrum), but they had only enough olive oil to last one day and it would take eight days to prepare more oil. Miraculously, the one-day supply of oil lasted for eight days."

Many Jewish families light candles for at least some nights of the holiday, and enjoy spending this time together at home. In the Gospel of John, chapter 10: 22-23, Jesus is said to be celebrating the Hanukkah feast, also known as, the "Festival of Lights".



Happy Holidays to all!



Highlights of Jefferson Center Plans for December

December 8—Thursday—Book Club— The Book Club will be holding a marathon of Carol Burnett comedy skits in the exercise room. So, come and kickback your feet and laugh with us. Snacks provided.—12:00-3:00 pm

December 9—Friday Night Bingo—6:45 —Weather permitting — (For more information Call Janet 412-496-2189)

December 13—Tuesday—Seniors for Safe Driving—12:30-4:30 pm

December 16—Friday—Christmas Play—1:00 pm

December 20—Tuesday—Big Bingo—12:30-3:00 pm

December 23 and December 26—Sr. Center is Closed—Merry Christmas!



While the Bible does not reveal the date of Christ's birth, it does give an account of it in the Gospels of Matthew and Luke, and it is the origin of the Christian celebration of Christmas. In the first chapter of Matthew it states, " ¹⁸ Now the birth of Jesus Christ was on this wise: When as his mother Mary was espoused to Joseph, before they came together, she was found with child of the Holy Ghost. ¹⁹ Then Joseph her husband, being a just man, and not willing to make her a public example, was minded to put her away privily. ²⁰ But while he thought on these things, behold, the angel of the LORD appeared unto him in a dream, saying, Joseph, thou son of David, fear not to take unto thee Mary thy wife: for that which is conceived in her is of the Holy Ghost. ²¹ And she shall bring forth a son, and thou shalt call his name JESUS: for he shall save his people from their sins. ²² Now all this was done, that it might be fulfilled which was spoken of the Lord by the prophet, saying ²³ Behold, a virgin shall be with child, and shall bring forth a son, and they shall call his name Emmanuel, which being interpreted is, God with us."



Camera Club News



The Camera Club will not have its regular meeting in December. Instead, the group is planning to meet for lunch at John Anthony's on Wednesday, December 7th at Noon.

There will be no meeting in January. The next meeting of the Camera Club is scheduled for Wednesday, February 1st. (Weather Permitting)



Fiber Arts Group members (L to R) Joan Filipich, Janice Brookins, and Joette Zarotney showing some of their holiday creations.

Notes From McKinley ...Mary Anne Sciuлло-Site Supervisor



Never let the
sadness of your past
and the fear of your future
ruin the happiness of your present.

Author Unknown



You can't change
what's going on
around you,
until you start changing
what's going on within you.
Zig Ziglar



December Day/Evening Trips

Please Note: Be at the Center 15 minutes
before scheduled departure.

December 7—Wednesday

Red, White, and Blue Store in Avalon

OPT transportation —12:45



December 16—Friday

We will meet at the Oakmont Oaks for a Johnny Angel and the Halo's Christmas Show. Show-time is 7:30 and tickets are \$20.00. Payment is due by Friday, December 9th.

December 21—Wednesday

Our Holiday Party—Our entertainment will be a ukulele and guitar performance with Tracy Simmen. Come to the Center for 9:30 to start the festivities. In addition to the lunch donation, there will be a charge of \$3.00 per person.

Highlights of McKinley Center Plans for December

December 1, 8, 15, 22, and 29—Thursdays—Chair Yoga with Debbie—
10:15 am

December 2—Friday—Crafts with Mary Anne—10:00 am

December 2, 9, 16, and 30—Friday—Cards and Wii Bowling—10:00 am

December 5, 12, 19—Monday—Art Class with Mary Ann —9:00 am

December 7—(Last) Wednesday— Rest and Relaxation with Judy—10:00 am
Tai Chi and Rest and Relaxation will resume again in the spring.

December 13—Tuesday—Ugly Christmas Sweater-Bad Hair Day

You can decorate your shirts or hair, or do both!—The Medicine Shoppe will hold a **bingo** at 12 Noon

No Book Club this month

December 23 (Friday) and December 26 (Monday)—Center is Closed—
Merry Christmas!

May the holidays bring you comfort, hope, joy and many blessings!

January 2—Monday—Center is Closed—Happy New Year!





Dottie McAllise, Volunteer Bible Study and Christmas Play Coordinator



Peg Register and Joe Bergamasco



Richard and Mary Grilli who celebrated 60 years together this month.



Nancy Callahan



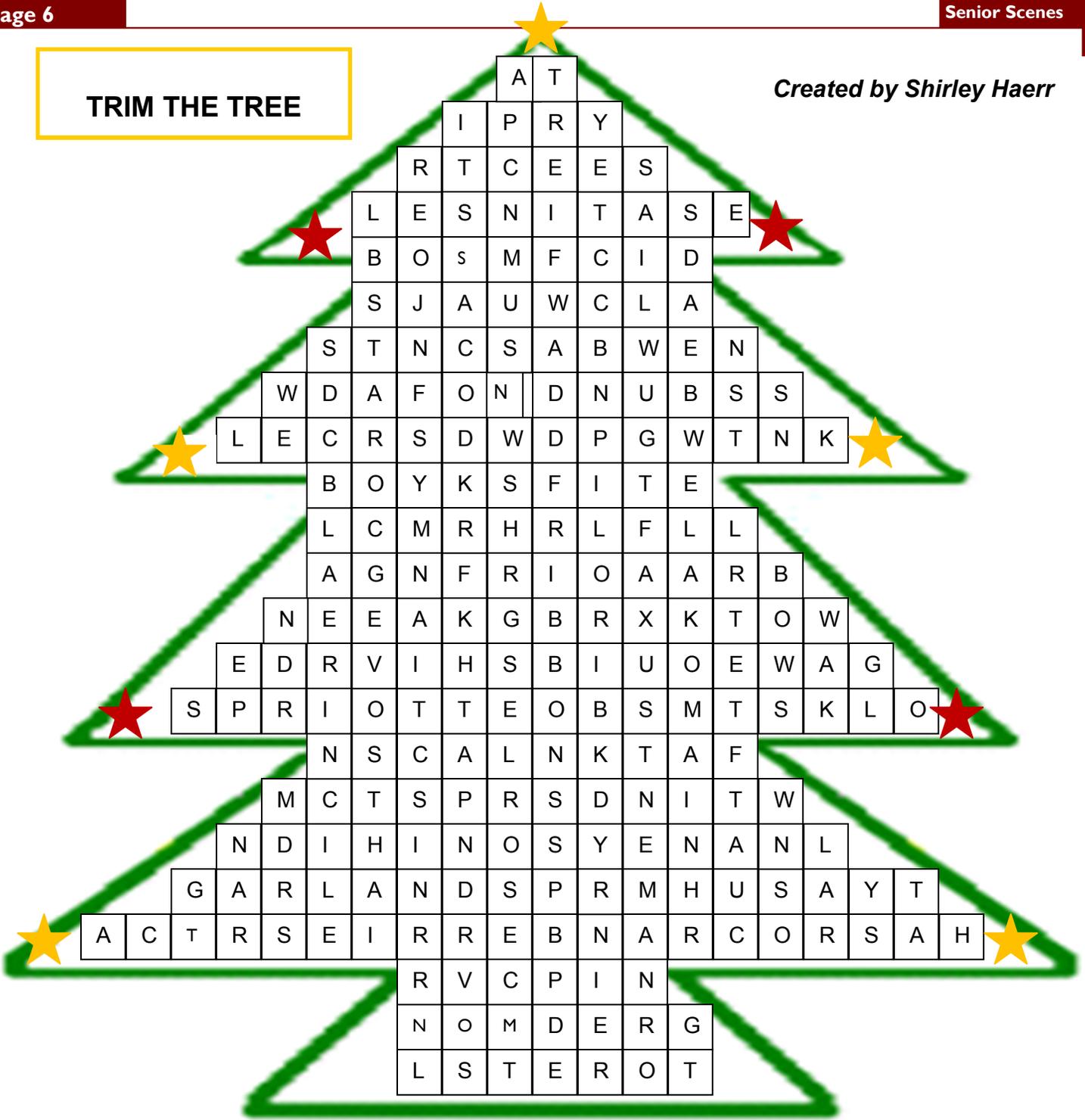
Otis Mills



Yvonne Walker, Volunteer Travel Coordinator

TRIM THE TREE

Created by Shirley Haerr



- RIBBONS
- SANTA
- SNOWFLAKES
- STARS
- TINSEL



- ANGEL
- BEADS
- BOWS
- CANDY CANES
- CRANBERRIES



- GARLANDS
- ICICLES
- LIGHTS
- ORNAMENTS
- POPCORN

JEFFERSON ACTIVITIES**MONDAY**

FITNESS MATTERS 10:15 - 11:15
 BILLIARDS 10:30
 AQUA AEROBICS 9:30 - 10:30
 BLOOD PRESSURES
 WITH SHIRLEY 11:15 - 12:30
 CERAMICS 9:30 - 12:30
 500 CARD CLUB (1ST & 3RD) 12:30
 YOGA 2:45 - 4:00
 TAI CHI 12:30 - 2:00

TUESDAY

TABLE TENNIS 8:00 -9:00
 BILLIARDS 10:30
 MEXICAN TRAIN DOMINOES
 10:00 - 11:30
 ART 12:00 - 1:30
 FIBER ARTS 1:30- 3:00

WEDNESDAY

CAMERA CLUB 1ST WEDNESDAY
 10:00
 NO REGULAR MEETING IN
 DECEMBER AND JANUARY
 CERAMICS CLASS 1 9:00 - 12:30
 CLASS 2 11:00 - 2:30
 FITNESS MATTERS 10:15 - 11:15
 BILLIARDS 10:30
 KNITTING CLASS 1:30 - 3:30
 AQUA AEROBICS 9:30 - 10:30

THURSDAY

TABLE TENNIS 8:00 - 9:00
 QUILTING GROUP 9:00 - 11:00
 BILLIARDS 10:30
 LINE DANCING 10:00 - 11:15
 BOOK CLUB (2ND THURSDAY)
 1:00

FRIDAY

BIBLE CLASS 10:00
 BILLIARDS 10:30
 TOPS WEIGH-IN 11:15 - 12:00
 MEETING AT 12:15
 PINOCHLE 12:30 - 3:00
 BRIDGE 12:30 - 3:00

**Advisory Council Meeting will
 be held on Wednesday,
 January 11th**

A Christmas Story
by Shirley Haerr

'Twas the night before Christmas,
 the Center was quiet
 No meals to be served, either regular or diet.
 Tammy was finishing mopping the floor
 When she was surprised by a noise at the door
 Who could it be? She heard no one knock
 And what happened next was really a shock.
 Someone came in thinking he was alone
 As Tammy was dialing 911 on her phone

IT WAS SANTA!

“What are you doing here? You really scared me
 How did you get in? “Phyllis gave me a key.
 I heard Penn Hills Center was really the best,
 so I decided to stop here for a rest:
 I'll find you some cookies and milk, if you like”
 “No thanks-I'll get enough of that tonight”

A noise from outside caused Tammy to wake
 Apparently from a short nap on her break
 Wow-what a dream-I thought Santa was here
 It all seemed so real, it all seemed so clear.
 She finished her work and locked up for the
 night

And as she was leaving, discovered a sight
 A red and white banner was hung on the door

**MERRY CHRISTMAS MY FRIENDS
 AND MANY, MANY MORE”**

**Love,
 S.C.**

**“As the year comes to a close,
 it is a time for reflection—
 a time to release old thoughts
 and beliefs and forgive old hurts.
 Whatever has happened in the past year,
 the New Year brings fresh beginnings
 . Exciting new experiences
 and relationships await.
 Let us be thankful
 for the blessings of the past
 and the promise of the future.”**

~~Peggy Toney Horton

MCKINLEY ACTIVITIES**MONDAY**

ART AND PAINTING CLASS
 9:30
 GAMES/PUZZLES
 LUNCH 11:30
 BINGO 12:00

TUESDAY

ART AND PAINTING CLASS
 9:30
 PUZZLES
 POKENO 10:00
 LUNCH 11:30
 BINGO 12:00

WEDNESDAY

BLOOD PRESSURE
 WITH MARY 9:39 - 10:00
 PUZZLES
 MICHIGAN RUMMY 10:00
 TAI CHI 10:00
 LUNCH 11:30
 BINGO 12:00

THURSDAY

PUZZLES
 DOUBLE POKENO 10:00
 CHAIR YOGA 10:00
 LUNCH 11:30
 BINGO 12:00

FRIDAY

PUZZLES



DECEMBER 2016

CALL LINDA FOR LUNCH AT (412) 244-3410 OR (412) 244-3401

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | |
|--|---|--|--|--|---|
| |  | | 1 BONELESS PORK DIJON SAUCE SCALLOPED POTATOES MIXED VEGGIES BANANA | 2 TURKEY DIVAN BROWN RICE PEACH AND PEAR CUTS | CALL FOR LUNCH THE DAY BEFORE - BEFORE 11 AM |
| 5 ROTINI WITH MEAT SAUCE GREEN BEANS FRUIT COCKTAIL | 6 ROAST BEEF AND GRAVY LEMON PARSLEY POTATOES CARROTS ORANGE | 7 CABBAGE ROLLS WHIPPED POTATOES TOSSED SALAD CONFETTI CAKE | 8 CHICKEN BREAST WITH GRAVY YAMS BROCCOLI AND CAULIFLOWER BANANA | 9 BAKED COD STEWED TOMATOES MAC N CHEESE APPLE | HOME DELIVERED MEALS (412) 244-3408 |
| 12 TERIYAKI MEAT-BALLS SCALLOPED POTATOES GREEN BEANS PINEAPPLE AND MANDARIN ORANGES | 13 BONELESS PORK WITH APPLES SLICED BEETS NOODLES ORANGE | 14 CHICKEN MARI-NARA OVEN BROWNED POTATOES SPINACH SALAD PEACHES | 15 ROAST BEEF WITH GRAVY WHIPPED POTATOES PEAS AND CARROTS APPLESAUCE | 16 CHILI COLESLAW BROWN RICE APRICOTS | FOR LUNCH AT MCKINLEY CALL MARY-ANNE AT (412) 828-5888 |
| 19 TURKEY WITH GRAVY GOURMET POTATOES BROCCOLI APPLE | 20 BAKED COD AU GRATIN POTATOES STEWED TOMATOES FRUIT COCKTAIL | 21 CHICKEN BREAST LEMON HERB SAUCE WHIPPED POTATOES GREEN BEANS STUFFING APPLE PIE | 22 BOW TIES WITH MEAT SAUCE TOSSED SALAD BANANA | 23 CLOSED | BIG BINGO DECEMBER 20TH FREE BINGO AND 50/50 DECEMBER 30TH |
| 26 CLOSED | 27 CHICKEN LEG AND THIGH BROCCOLI BROWN RICE APPLE | 28 BBQ COUNTRY RIBS SCALLOPED POTATOES CAULIFLOWER FRUIT COCKTAIL | 29 OPEN FACE TURKEY SANDWICH WHIPPED POTATOES GREEN BEANS TANGELO | 30 CHILI GREEN BEANS MACARONI PINEAPPLE | MILK AND BREAD SERVED EVERY DAY WITH LUNCH |